

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZGEEL

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Ridder Fedor

Coaches: Vereecken Sven

Coaches: Van Asten Bart HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 21: 100M BUTTERFLY WOMEN 11-12			Heat:1, starttime: 14:00
Heat: 1/2 Lane : 4 Athlete: AERTS SIEN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
PB	5 0 M	1 0 0 M	
	no time	no time	
	no time		
			

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 11-12			Heat:1, starttime: 14:00
Heat: 1/2 Lane : 5 Athlete: MAERTENS HELENA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
PB	5 0 M	1 0 0 M	
	no time	no time	
	no time		
			

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 11-12			Heat:2, starttime: 14:02
Heat: 2/2 Lane : 3 Athlete: DE RIDDER ROXANE			Q-time: 01:26:40
PB (50m pool): 01:33.52 Antwerpen 20/07/2025			PB (25m pool): 01:26.40 SB: no time
PB	5 0 M	1 0 0 M	
	00:42.83	01:33.52	
	00:42.83	00:50.69	
			

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZGEEL

Event number: 21: 100M BUTTERFLY WOMEN 11-12			Heat:2, starttime: 14:02
Heat: 2/2 Lane : 7 Athlete: VEREECKEN WANTER FELINE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11-12			Heat:2, starttime: 14:07
Heat: 2/5 Lane : 2 Athlete: CORREIA DE OLIVEIRA TIAGO			Q-time: 01:53:76
PB (50m pool): no time PB (25m pool): 01:53.76 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11-12			Heat:2, starttime: 14:07
Heat: 2/5 Lane : 3 Athlete: VAN MEER RUNE			Q-time: 01:46:36
PB (50m pool): no time PB (25m pool): 01:46.36 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11-12			Heat:2, starttime: 14:07
Heat: 2/5 Lane : 7 Athlete: NIEUWENHUIS ISAAC			Q-time: 02:06:75
PB (50m pool): no time PB (25m pool): 02:06.75 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZGEEL

Event number: 22: 100M BACKSTROKE MEN 11-12			Heat:3, starttime: 14:10
Heat: 3/5 Lane : 1 Athlete: DE FEYTER LUCAS			Q-time: 01:40:02
PB (50m pool): no time			PB (25m pool): 01:40.02 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11-12			Heat:5, starttime: 14:14
Heat: 5/5 Lane : 6 Athlete: MAES MATHIJS			Q-time: 01:20:60
PB (50m pool): 01:20.60 Antwerpen 20/07/2025			PB (25m pool): 01:18.35 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.65	01:20.60	
	00:39.65	00:40.95	

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11-12			Heat:5, starttime: 14:14
Heat: 5/5 Lane : 7 Athlete: RAMSDONCK KRIS			Q-time: 01:23:80
PB (50m pool): 01:36.19 Mol 22/06/2025			PB (25m pool): 01:23.80 SB: no time
	5 0 M	1 0 0 M	
PB	00:46.93	01:36.19	
	00:46.93	00:49.26	

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:2, starttime: 14:19
Heat: 2/8 Lane : 2 Athlete: WOUTERS DORA			Q-time: 01:35:39
PB (50m pool): 01:35.39 Wezenberg 05/01/2025			PB (25m pool): 01:31.29 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.89	01:35.39	
	00:47.89	00:47.50	

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZGEEL

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:2, starttime: 14:19
Heat: 2/8 Lane : 3 Athlete: DJONOU IMBA ITZANA			Q-time: 01:35:18
PB (50m pool): no time			PB (25m pool): 01:35.18 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:3, starttime: 14:21
Heat: 3/8 Lane : 2 Athlete: NIEUWENHUIS ZOë			Q-time: 01:33:56
PB (50m pool): no time			PB (25m pool): 01:33.56 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:4, starttime: 14:23
Heat: 4/8 Lane : 1 Athlete: HUFKENS ELINA			Q-time: 01:29:02
PB (50m pool): 01:36.61 Wezenberg 05/01/2025			PB (25m pool): 01:29.02 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.20	01:36.61	
	00:47.20	00:49.41	

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:4, starttime: 14:23
Heat: 4/8 Lane : 6 Athlete: MOERKENS FIEN			Q-time: 01:27:50
PB (50m pool): 01:37.29 Mol 22/06/2025			PB (25m pool): 01:27.50 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.00	01:37.29	
	00:47.00	00:50.29	

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZGEEL

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:5, starttime: 14:26
Heat: 5/8 Lane : 1 Athlete: VAN ASTEN RENÉE			Q-time: 01:25:34
PB (50m pool): 01:30.08 Antwerpen 13/07/2025			PB (25m pool): 01:25.34 SB: no time
	5 0 M	1 0 0 M	
PB	00:44.97	01:30.08	
	00:44.97	00:45.11	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:8, starttime: 14:32
Heat: 8/8 Lane : 1 Athlete: BRAEKEN CHARLOTTE			Q-time: 01:13:31
PB (50m pool): 01:19.85 Eindhoven 16/03/2025			PB (25m pool): 01:13.31 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.96	01:19.85	
	00:38.96	00:40.89	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:8, starttime: 14:32
Heat: 8/8 Lane : 3 Athlete: BOOGERS NOOR			Q-time: 01:12:58
PB (50m pool): 01:21.06 Antwerpen 20/04/2025			PB (25m pool): 01:12.58 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.23	01:21.06	
	00:40.23	00:40.83	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:8, starttime: 14:32
Heat: 8/8 Lane : 5 Athlete: VAN TILBURG FRAUKE			Q-time: 01:12:56
PB (50m pool): 01:21.41 Antwerpen 20/07/2025			PB (25m pool): 01:12.56 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.04	01:21.41	
	00:39.04	00:42.37	
			

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZGEEL

Event number: 24: 100M BREASTSTROKE MEN 13-14			Heat:1, starttime: 14:34
Heat: 1/9 Lane : 3 Athlete: GOOSSENS FERRE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 13-14			Heat:5, starttime: 14:43
Heat: 5/9 Lane : 1 Athlete: LIEVENS RUBE			Q-time: 01:37:25
PB (50m pool): no time PB (25m pool): 01:37.25 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 13-14			Heat:5, starttime: 14:43
Heat: 5/9 Lane : 7 Athlete: NEYRINCK RUBEN			Q-time: 01:37:05
PB (50m pool): 01:47.89 Antwerp 26/01/2025 PB (25m pool): 01:37.05 SB: no time			
	5 0 M	1 0 0 M	
PB	00:50.88	01:47.89	
	00:50.88	00:57.01	

Coach feedback:

Event number: 26: 50M FREESTYLE MEN 11-12			Heat:1, starttime: 14:56
Heat: 1/2 Lane : 4 Athlete: CORREIA DE OLIVEIRA TIAGO			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M		
PB	no time		
	no time		

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZGEEL

Event number: 26: 50M FREESTYLE MEN 11-12					Heat:2, starttime: 14:57				
Heat: 2/2 Lane : 3 Athlete: MAES MATHIJS					Q-time: 00:33:27				
PB (50m pool): 00:33.27 Mol 22/06/2025					PB (25m pool): 00:31.13 SB: no time				
	5 0 M								
PB	00:33.27								
	00:33.27								
									

Coach feedback:

Event number: 26: 50M FREESTYLE MEN 11-12					Heat:2, starttime: 14:57				
Heat: 2/2 Lane : 7 Athlete: RAMSDONCK KRIS					Q-time: 00:37:21				
PB (50m pool): no time					PB (25m pool): 00:37.21 SB: no time				
	5 0 M								
PB	no time								
	no time								
									

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 11-12			Heat:2, starttime: 15:00		
Heat: 2/8 Lane : 2 Athlete: MAERTENS HELENA			Q-time: 01:35:37		
PB (50m pool): no time			PB (25m pool): 01:35.37 SB: no time		
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 11-12			Heat:2, starttime: 15:00		
Heat: 2/8 Lane : 6 Athlete: SCHEPERS LENTHE			Q-time: 01:33:14		
PB (50m pool): no time			PB (25m pool): 01:33.14 SB: no time		
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZGEEL

Event number: 27: 100M FREESTYLE WOMEN 11-12			Heat:3, starttime: 15:02
Heat: 3/8 Lane : 1 Athlete: AERTS SIEN			Q-time: 01:27:78
PB (50m pool): no time			PB (25m pool): 01:27.78 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	no time		

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 11-12			Heat:4, starttime: 15:04
Heat: 4/8 Lane : 6 Athlete: VEREECKEN WANTER FELINE			Q-time: 01:24:86
PB (50m pool): no time			PB (25m pool): 01:24.86 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	no time		

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 11-12			Heat:7, starttime: 15:10
Heat: 7/8 Lane : 1 Athlete: DE RIDDER ROXANE			Q-time: 01:14:61
PB (50m pool): 01:14.61 Antwerpen 20/07/2025			PB (25m pool): 01:11.30 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.54	01:14.61	
	00:35.54	00:39.07	

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 11-12			Heat:2, starttime: 15:16
Heat: 2/5 Lane : 6 Athlete: VAN MEER RUNE			Q-time: 01:34:19
PB (50m pool): no time			PB (25m pool): 01:34.19 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	no time		

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZGEEL

Event number: 28: 100M FREESTYLE MEN 11-12			Heat:2, starttime: 15:16
Heat: 2/5 Lane : 7 Athlete: NIEUWENHUIS ISAAC			Q-time: 01:57:81
PB (50m pool): no time			PB (25m pool): 01:57.81 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	no time		

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 11-12			Heat:3, starttime: 15:18
Heat: 3/5 Lane : 3 Athlete: DE FEYTER LUCAS			Q-time: 01:23:73
PB (50m pool): no time			PB (25m pool): 01:23.73 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	no time		

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 13-14			Heat:2, starttime: 15:25
Heat: 2/4 Lane : 3 Athlete: HUFKENS ELINA			Q-time: 00:46:97
PB (50m pool): no time			PB (25m pool): 00:46.97 SB: no time
	5 0 M		
PB	no time		
	no time		
	no time		

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 13-14			Heat:2, starttime: 15:25
Heat: 2/4 Lane : 8 Athlete: DJONOU IMBA ITZANA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
	no time		

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZGEEL

Event number: 29: 50M BREASTSTROKE WOMEN 13-14					Heat:3, starttime: 15:27	
Heat: 3/4 Lane : 1 Athlete: VAN TILBURG FRAUKE					Q-time: 00:44:94	
PB (50m pool): 00:49.61 Antwerpen 20/04/2025					PB (25m pool): 00:44.94 SB: no time	
	5 0 M					
PB	00:49.61					
	00:49.61					
						

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 13-14										Heat:3, starttime: 15:27	
Heat: 3/4 Lane : 2 Athlete: BRAEKEN CHARLOTTE										Q-time: 00:44:59	
PB (50m pool): 00:51.32 Antwerp 14/04/2024										PB (25m pool): 00:44.59 SB: no time	
	5 0 M										
PB	00:51.32										
	00:51.32										
											

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:3, starttime: 15:43		
Heat: 3/7 Lane : 2 Athlete: VAN ASTEN RENéE			Q-time: 01:43:79		
PB (50m pool): 01:47.80 Antwerpen 13/07/2025			PB (25m pool): 01:43.79 SB: no time		
	5 0 M	1 0 0 M			
PB	00:51.72	01:47.80			
	00:51.72	00:56.08			
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:3, starttime: 15:43		
Heat: 3/7 Lane : 5 Athlete: GOOSSENS MARTHE			Q-time: 01:42:47		
PB (50m pool): 01:42.47 Antwerpen 13/07/2025			PB (25m pool): 01:41.88 SB: no time		
	5 0 M	1 0 0 M			
PB	00:49.34	01:42.47			
	00:49.34	00:53.13			
					

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZGEEL

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:3, starttime: 15:43
Heat: 3/7 Lane : 8 Athlete: WOUTERS DORA			Q-time: 01:46:40
PB (50m pool): 01:51.33 Wezenberg 05/01/2025			PB (25m pool): 01:46.40 SB: no time
	5 0 M	1 0 0 M	
PB	00:52.96	01:51.33	
	00:52.96	00:58.37	
			

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:4, starttime: 15:45
Heat: 4/7 Lane : 3 Athlete: NIEUWENHUIS ZOë			Q-time: 01:38:85
PB (50m pool): no time			PB (25m pool): 01:38.85 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:4, starttime: 15:45
Heat: 4/7 Lane : 4 Athlete: BOOGERS NOOR			Q-time: 01:38:26
PB (50m pool): 01:38.26 Eindhoven 16/03/2025			PB (25m pool): 01:41.68 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.25	01:38.26	
	00:47.25	00:51.01	
			

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:5, starttime: 15:48
Heat: 5/7 Lane : 7 Athlete: MOERKENS FIEN			Q-time: 01:37:42
PB (50m pool): 01:41.21 Mol 22/06/2025			PB (25m pool): 01:37.42 SB: no time
	5 0 M	1 0 0 M	
PB	00:48.69	01:41.21	
	00:48.69	00:52.52	
			

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZGEEL

Event number: 32: 100M BUTTERFLY MEN 13-14							Heat:1, starttime: 15:54	
Heat: 1/5 Lane : 5 Athlete: GOOSSENS FERRE							Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): no time SB: no time				
	5 0 M	1 0 0 M						
PB	no time	no time						
	<i>no time</i>							
								

Coach feedback:

Event number: 32: 100M BUTTERFLY MEN 13-14							Heat:2, starttime: 15:56	
Heat: 2/5 Lane : 6 Athlete: LIEVENS RUBE							Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): no time SB: no time				
	5 0 M	1 0 0 M						
PB	no time	no time						
	no time							
								

Coach feedback:

Event number: 32: 100M BUTTERFLY MEN 13-14							Heat:3, starttime: 15:58	
Heat: 3/5 Lane : 7 Athlete: NEYRINCK RUBEN							Q-time: 01:28:96	
PB (50m pool): 01:37.78 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 01:28.96 SB: no time								
	5 0 M		1 0 0 M					
PB	no time		01:37.78					
	no time							
								

Coach feedback:

Event number: 33: 400M FREESTYLE MIXED 9-10							Heat:1, starttime: 16:03	
Heat: 1/1 Lane : 2 Athlete: TER HEERDT SKYE							Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): no time SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback: